



On Saturday, I would like to do the: -

Long Route - 10 miles

OR

Short Route - 7 miles

Please indicate your choice.

Is there anything in particular that you would like to practice?

Pacing & timing Y/N

Leap-frogging Y/N

Aiming off Y/N

Walking on a bearing Y/N

Taking a back bearing Y/N

Following a map Y/N

Ticking off Y/N

Any other special requests?

County Walkers' Weekend

Blackboys Youth Hostel



Saturday 30th - Sunday 31st August 2008

(Please delete where applicable)

Join us for our third County Walkers' Weekend and experience the friendship of our walking group. Places are limited, so please book early.

We will be staying at:- **Blackboys Youth Hostel,**
Gun Road,
Blackboys,
Near Uckfield,
East Sussex.
TN22 5HU

Explorer - GR TQ 521 215

How to get there:-

From Cross-In-Hand - Take right fork at Blackboys village then 2nd right following signs to hostel at crossroads.

From Uckfield - Take Heathfield Road B2102. After 4 miles, turn down Gun Road & go across stream. The Bunkhouse is in the woods on the right next to the farmhouse.

From Lewes - Fork left at Blackboys Inn. Follow hostel signs & keep straight on.

Cost - £17.50 To cover one night's accommodation & breakfast.

Saturday's evening meal will be in a local pub and is not included in the cost. If you prefer, you can self cater at the hostel.

Transport will be in shared cars and the cost of petrol will be shared among the people in each car. The aim is to leave the Worthing area about 09.00.

Walks - On Saturday there will be a choice of two walks, one of about 10 miles and a shorter one of about 7 miles.

On Sunday we will all walk together, leaving the Youth Hostel after breakfast. This walk will be about 7 miles.

Equipment - You will need a lined daysack, hiking boots & socks, waterproof coat & trousers, walking trousers, shorts (optional) T-shirt, fleece, hat/sun hat, gloves, watch, sifter, lunch box, drinks bottle & flask, food for 2 days' walking, whistle, tissues, small personal 1st Aid kit, emergency rations, wash kit & towel, sun cream, spare walking clothes, casual clothes and night wear. Health Form (to be carried in the top of your rucksack) Bedding is provided.

NAME _____

ADDRESS _____

TELEPHONE _____ MOBILE _____

E-MAIL _____

DISTRICT _____

DIVISION _____

Any special dietary requirements? Y/N

If yes, please give details. _____

Any medical condition that may affect your walking that the organiser needs to be aware of? _____

TRANSPORT

I can offer transport to _____ people/I require transport

I would like the evening meal in the pub/I will self cater
(*Please delete where applicable*)

I enclose a cheque for £ _____ made payable to
Girlguiding Sussex West P & T Account

Please return form and cheque to
County Walking Advisor - See County Address Book Page 12

If you have any queries please contact County Walking Advisor
Closing date for applications is 1st July 2008

